

Here to help you and your community

Helping you to get the most out of your volunteering:

- Finding you the perfect role
- Filling in application forms online or off-line
- Developing unique roles to match your skills and interests
- Accompanying you to initial interviews and meetings
- Supporting you through the induction process

VOLUNTEERING

Linking you with community activities to support your health & wellbeing:

- One to one support to help set goals for health and wellbeing
- Advice on availability of services available in the community
- Support and advice on accessing local groups and activities

SOCIAL PRESCRIBING

If you would like your group's volunteer roles promoted in this booklet and through our local volunteer centres, contact your local Area Officer.

We can also help groups with:

- Funding sources
- Volunteer management & DBS checks
- Governance, policies and procedures

GROUP SUPPORT

We have area offices in Boston, East Lindsey, South Holland and South Kesteven.

Talk to your local Lincolnshire CVS Area Officer today:

Batul Dungarwalla
Area Officer Boston

T: 01205 510888

batuldungarwalla@lincolnshirecvs.org.uk

VOLUNTEERING OPPORTUNITIES



Get Involved - Learn New Skills - Support your Local Community



IN BOSTON BOROUGH

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Lincolnshire Community and Voluntary Service

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Volunteer Centre

Issue 2 (Summer) 2021

Health & Social Care Roles

Use your life experiences to make a difference to others



The Order of St. John Care Trust – Patchett Lodge: Skirbeck Court Volunteer Activities Assistant – Boston

Our volunteer Activities Assistants play a vital role in ensuring our residents get the most out of life. Helping with our activity programmes doing everything from bingo to film nights, sing-alongs to baking, memory cafes to 'virtual cruising'.

Tonic Health:

Safe Places Volunteer – Boston

Tonic Health is charity community hub for health and wellbeing. Safe Places Boston is a new service being offered. Volunteers are required to facilitate a Safe Places Mental Health Support group which will start in May on Thursdays. Volunteers will interact with the participants in a befriending capacity.

Survivors of Bereavement by Suicide:

Peer Support Facilitator – Boston

Have you been Bereaved by Suicide? Do you have a desire to help other people who have also been Bereaved by Suicide? Are you comfortable listening to the experiences of others? You could be just the person we are looking for. We have self-help support groups across the UK, where you can meet with other people who have been bereaved by suicide and we want to establish more groups across Lincolnshire.

DeafBlind UK:

Telephone Helpline – Boston

In this role, you will be assisting with the incoming calls, text and emails coming into the National Helpline. Our members get in touch for a whole host of reasons - no day is the same! No prior knowledge of deafblindness is required as you will receive ongoing training in this role.

Boston Community Transport:

Trustee – Boston

Boston Community Transport are a Charity based in Boston and are looking to develop their Board of Trustees. We provide an essential door to door transport alternative within the Borough of Boston and the surrounding area. Our volunteer drivers assist those who are unable to access other forms of transport.

Health Watch Lincolnshire:

Health & Care Community Listener

Engagement activities take place in local communities, either in health or care settings or other public places. The role involves talking to the public, listening to what they have to say and at times helping them to record their experiences. As the Independent Public Voice of local Health and Care services, Healthwatch is required to gather patients, carers and service users' experiences, and feed these back to service providers. Volunteers in this role support our work by: - Attending GP surgeries or Hospital foyers to talk to the public about their experiences. Attending promotional activities or events in the community to talk to the public.

COULD YOU BE A MICRO-VOLUNTEER?

You can support charities in many ways without a long-term commitment:

- Planting, weeding or pruning in a community garden.
- Posting on social media.
- Helping at a one-off event such as the beach cleans or marshalling at events
- Taking part in fundraising activities such as bake sales, knitting.

Contact us today to find out who needs just a little of your time.

School Readers:

School Reader in Local Primary School - Boston

Schoolreaders give free one-to-one reading sessions to Primary Schools. Our aim is to make sure that every child can read well by the time they move to secondary school.

Kirton Thomas Middlecott Academy:

School Governor

Our Governors provide support and challenge the Principal, whilst ensuring every child makes good or better progress.

VOLUNTEERING CAN BOOST YOUR EMPLOYABILITY

- Great for your CV
- Support Job applications
- Support a University application
- Access Training
- Gain Qualifications
- Get back into a Work Routine

DISCOVER THE BENEFITS OF BEING A TRUSTEE

Trusteeship is a unique form of volunteering and a fantastic way to engage in the charity sector with many professional rewards.

- Contributing to a great cause
- Gaining strategic experience
- Creating professional networks
- Developing skills and experience

Contact us for current vacancies.



Children's Bereavement Centre: Event Helper – Boston

We are looking for friendly and passionate volunteers to support events, either organised by ourselves or others, to help raise vital funds for the charity. This is fun role and perfect for those who like to meet new people and experience different events, whilst raising vital funds for a great charity.

Charity Ambassador - Boston

Willingness to represent the charity at a variety of events including fundraising events, cheque presentations etc. * Enjoyment of public speaking and willingness to learn about the charity. * Proactive approach to source potential speaking opportunities.

Fundraising Assistant – Boston

We are looking for friendly and committed volunteers at our Newark Centre to help organise and develop our range of fundraising activities and events throughout Nottinghamshire and ensure all donors are thanked, through effective administration.

Blackfriars Arts Centre – Boston



Arts Centre Bar Steward

Bar stewards are trained 'on the job' and you are not left on your own until you feel ready. The main duties are: To take interval orders and serve customers Wash and dry the glasses Restock the bar as necessary Count the float at the end of the night If you are the last to leave the building, check all the lights are off in the building (including the upper rooms) before leaving.

Back Stage Helper

Working backstage can be physically demanding and involves long shifts with sometimes very late finishes. Some of your duties will be as follows, but this list is not exhaustive: Assist in the "Get In" and "Get Out" of artistes/groups equipment.

Box Office Assistant

The role of Box office is extremely important as you are the public face of Blackfriars Theatre, therefore we have a smart dress code policy. The main duties include: To greet the public in a pleasant and helpful way when they enter Blackfriars. To answer the telephone and help with their enquiries etc. To assist with the purchasing of tickets for the performances on the computer, payments for the Academy and sale of confectionary, coffee and other refreshments.

Learn new skills and raise vital funds in retail.



St. Botolph's Church (The Stump):

Gift Shop Assistant – Boston

We are looking for volunteers to offer a friendly welcome to all visitors to the church and help all visitors to the gift shop to maximise potential sales.

Adults Supporting Adults: Shop 2 Gether – Boston

Can you help support people in your community to do their shopping and provide a valuable social link for them? We are looking for sociable, friendly volunteers who can spare a few hours a week to help vulnerable people access the shops.

Sense Shop, Boston:

Charity Shop Assistant

You will be working the till, handling enquires on the shop floor, dealing displays, filling and tidying, helping customers.

St Barnabas Hospice:

Retail Assistant Volunteer – Boston

You will provide excellent service to customers who purchase from and donate to our shops. You will receive and process donated goods, steam and prepare clothes for sale and encourage Gift Aid.

Volunteering with Headway Lincolnshire



Headway Lincolnshire Fundraiser

We are seeking a local passionate and committed volunteer to work alongside members of the Headway Lincolnshire group to fundraise. This is a unique fundraiser role. You will work independently out in the community and will be expected to support and include members of our social and support groups, who are living with the effects of brain injury themselves, in the planning and running of fundraising activities.

Public Speaker

We're looking for someone who has life experience of Brain Injury, either having a brain injury or caring for someone with a brain injury with great communication skills to share your story and raise awareness of brain injury and Headway Lincolnshire. By giving talks in your community, you'll be raising awareness and spreading the word about brain injury and Headway Lincolnshire.

Social Media Ambassador

Are you on at least one social media channel (Facebook, Twitter, Instagram or LinkedIn)? Do you have an hour or two per month available to volunteer? If you answered yes to these questions, then we'd love to have you join us as a Social Media Ambassador! Help us spread the word about Headway Lincolnshire, and brain injury and its effects Amplify our message and help us reach new individuals within our community.

Social Support Group Helper

The role is for 2 hours between 10am and 12 noon on every 2nd Wednesday of each month. The role will consist of supporting to make refreshments, talking to brain injury survivors and their families, occasionally organising relevant speakers for the group. The role will consist of: Assist in the running of workshops Meeting and greeting people Setting up and clearing down the meeting room for session Organising activities Fundraising.

Website Maintainer

The opportunity is to maintain and improve the website, and to train our staff to be able to do this for themselves. The role would include:- • Updating the Charity's website • Updating and adding new content to our Twitter and Facebook pages • Liaise with staff to get updates for the website/ social media • Promote our fundraising events & other charity activities • Advertise job/ volunteer vacancies.

Places and Spaces in Boston Borough Support local heritage buildings and community centres.



St Botolph's Church (The Stump):

Office & Administration Volunteer - Boston

This role will involve working with various members of the team in undertaking general admin duties such as filing, data entry, typing etc. and using the Microsoft Office Word and Excel programmes.

Conservation Assistant – Boston

This role will involve assisting the Fabric Manager in the conservation, repair and maintenance of the church and associated buildings and contents. The role will also include routine handy work.



Fydell House Centre:

Display Assistant – Boston

Volunteer must be friendly and approachable with a passion for bringing history to life. Good communication. Literacy and ICT skills are essential. An interest in local history is an advantage as is the ability to design and produce written displays and those using artefacts.

Events Officer – Boston

What are we looking for? A volunteer who is friendly and approachable, has good organisational skills and is I.T literate. Deas and the enthusiasm to deliver an exciting and varied programme is essential.

Cleaning Assistant – Boston

Working in close liaison with the professional cleaning team who work twice weekly. Developing a weekly, monthly and annual cleaning schedule. This should include polishing brass, cleaning inside windows, vacuuming seat covers.



VOLUNTEERING IS GOOD FOR YOU!

- Build self confidence
- Reduce social isolation and meet new people
- Reduce stress levels
- Give yourself a sense of purpose
- Become happier

More Places and Spaces in Boston Borough Support local heritage buildings and community centres



Residents Leading Change

Boston Big Local: Environmental Improvements Team Member – Boston

Our projects include litter picks, planting, weed clearance, etc. Small teams of volunteers work together on tasks and all equipment is provided.

Butterfly Hospice Trust: Gardening Team Volunteer

With an interest in gardening then this could be the role for you! We are looking for people to join our team of gardeners to keep the hospice gardens looking good for everyone who uses the hospice.

Supporting Churches within your local Community

Centenary Methodist Church: Property Steward

This opportunity is based at Hospital Bridge Methodist Chapel, part of Centenary church. To oversee the general maintenance of the interior and exterior of the building and liaise with contractors. Ensure chapel is Health & Safety and Fire compliant Arrange yearly inspections for PAT testing, Fire Extinguishers, and general electrics.

Volunteering with and for animals



RSPB Lincolnshire: Frampton Marsh Hide Cleaner – Boston

We need someone to assist us with the upkeep of our hides, which will involve restocking children's activity sheets, sweeping, dusting and window cleaning. There will be lots of opportunity to enjoy the reserve and wildlife whilst contributing to the efficient running of Frampton Marsh.

Frampton Marsh Visitor Centre Volunteer – Boston

We'd like your help to provide a warm welcome at the visitor centre, give information to the public, recruit new RSPB members and take payment for catering sales. You will get to meet and chat to a wide variety of people, surrounded by wonderful wildlife. The visitor centre is warm and comfortable, with some amazing views!

Frampton Marsh Gardener – Boston

This role will involve maintaining and improving the wildlife garden next to the visitor centre so it is attractive to both wildlife and people.