

## Here to help you and your community

Helping you to get the most out of your volunteering:

- Finding you the perfect role
- Filling in application forms online or off-line
- Developing unique roles to match your skills and interests
- Accompanying you to initial interviews and meetings
- Supporting you through the induction process

### VOLUNTEERING

Linking you with community activities to support your health & wellbeing:

- One to one support to help set goals for health and wellbeing
- Advice on availability of services available in the community
- Support and advice on accessing local groups and activities

### SOCIAL PRESCRIBING

If you would like your group's volunteer roles promoted in this booklet and through our local volunteer centres, contact your local Area Officer.

We can also help groups with:

- Funding sources
- Volunteer management & DBS checks
- Governance, policies and procedures

### GROUP SUPPORT

We have area offices in Boston, East Lindsey, South Holland and South Kesteven.

Talk to your local Lincolnshire CVS Area Officer today:

**Kathryn Laverack**  
**Area Officer East Lindsey**  
**T: 01205 510888**

[enquiry@lincolnshirecvs.org.uk](mailto:enquiry@lincolnshirecvs.org.uk)  
Tedder Hall, Manby, Nr Louth,  
Lincolnshire LN11 8UP

# VOLUNTEERING OPPORTUNITIES



Get Involved - Learn New Skills - Support your Local Community



## IN LOUTH & NORTH AREAS

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### Lincolnshire Community and Voluntary Service

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[www.lincolnshirecvs.org.uk](http://www.lincolnshirecvs.org.uk)

Mablethorpe



**Volunteer Centre**

Issue 2 (Summer) 2021

## BEFRIENDING & MENTORING ROLES

Use your life experience to make a difference to others

### **Lincoln and Lindsey Blind Society:** **Client Befriender for our 'Friend in Sight' Project – Louth**

To provide one on one companionship and support to a visually impaired person who is isolated or lonely.

### **A Friend in Sight – Telephone Befriender – East Lindsey**

Could you help to support a visually impaired/severely sight impaired person with advice and companionship over phone. We urgently need people to provide this type of befriending. Full training and support will be given.



### **BRIC – Building Resilience in Communities:** **Family Support Mentor**

Do you want to be able to support families through the issues they are facing? Your call or video chat could make a huge difference to someone's life. By providing a non-judgemental, empathetic listening ear you will be a lifeline to reducing isolation, talking through the issues we all face in family life and supporting families to move forward creating healthier, happier and resilient families.

### **Healthwatch Lincolnshire:** **Health & Care Community Listener – Giving Patients, Carers & Service Users 'A Voice'**

Do you like to get out and about, visiting new places and meeting new people? Do you have interest in what is happening with our local Health and Social Care services? Engagement activities take place in local communities, either in health or care settings or other public places. The role involves talking to the public, listening to what they have to say and at times helping them to record their experiences.

### **Adults Supporting Adults (ASA):** **Shop 2 Gether – East Lindsey**

We are looking for sociable, friendly volunteers who can spare a few hours a week to help vulnerable people access the shops; allowing them to do their shopping, maybe have a cup of coffee whilst they are out, and then safely returning them home to unpack (helping them to do this also if the person requires).

### **Carers First:** **Telephone Befriender – East Lindsey**

We are recruiting Telephone Befrienders across all of Lincolnshire to provide a listening ear for those who care for family/friends to attend and complete the training required by Carers First prior to initial contact with Carers. To provide telephone contact to those who care and offer reassurance along with the opportunity for someone to have a chat with a friendly person. 1-2 hours per week (Though these can be flexible hours by agreement of the Community Inclusion Coordinator).

### DISCOVER THE BENEFITS OF BEING A TRUSTEE

Trusteeship is a unique form of volunteering and a fantastic way to engage in the charity sector with many professional rewards.

- Contributing to a great cause
- Gaining strategic experience
- Creating professional networks
- Developing skills and experience

Contact us for current vacancies.

### Volunteering with Headway Lincolnshire



### Headway Lincolnshire Fundraiser

We are seeking a local passionate and committed volunteer to work alongside members of the Headway Lincolnshire group to fundraise. This is a unique fundraiser role.

### BOOST YOUR EMPLOYABILITY

- Great for your CV
- Support Job applications
- Support a University application
- Access Training
- Gain Qualifications
- Good for you and your career

### COULD YOU BE A MICRO-VOLUNTEER?

You can support charities in many ways without a long-term commitment:

- Planting, weeding or pruning in a community garden.
- Posting on social media.
- Helping at a one-off event such as the beach cleans or marshalling at events
- Taking part in fundraising activities such as bake sales, knitting.

Contact us today to find out who needs just a little of your time.

### Public Speaker

We're looking for someone who has life experience of Brain Injury, either having a brain injury or caring for someone with a brain injury with great communication skills to share your story and raise awareness of brain injury and Headway Lincolnshire.

### Social Media Ambassador

Are you on at least one social media channel (Facebook, Twitter, Instagram or LinkedIn)? Do you have an hour or two per month available to volunteer? If you answered yes to these questions, then we'd love to have you join us as a Social Media Ambassador!

### Website Maintainer

The opportunity is to maintain and improve the website, and to train our staff to be able to do this for themselves. The role would include:-

- Updating the Charity's website
- Updating and adding new content to our Twitter and Facebook pages
- Liaise with staff to get updates for the website/social media.



Learn new skills and raise vital funds in retail.



### **Butterfly Hospice Shop**

#### **Volunteer Retail Assistant – Louth**

Are you keen to join our retail team as a volunteer Retail Assistant? We are looking for individuals to join us who genuinely want to deliver excellent customer service to our many loyal and new customers.

### **St Barnabas Lincolnshire Hospice**

#### **Book Shop Retail Assistant – Louth**

You will provide excellent service to customers who purchase from and donate to our shops. You will receive and process donated goods, steam and prepare clothes for sale and encourage Gift Aid. Rotation and restocking of items for sale as well as pricing following guidelines.

#### **Main Shop Retail Assistant – Louth**

You will provide excellent service to customers who purchase from and donate to our shops. You will receive and process donated goods, steam and prepare clothes for sale and encourage Gift Aid. Rotation and restocking of items for sale as well as pricing following guidelines.

Children's Bereavement Centre



#### **Event Helper – East Lindsey**

We are looking for friendly and passionate volunteers to support events, either organised by ourselves or others, to help raise vital funds for the charity.

#### **Fundraising Assistant – East Lindsey**

We are looking for friendly and committed volunteers at our Newark Centre to help organise and develop our range of fundraising activities and events throughout Nottinghamshire and ensure all donors are thanked, through effective administration.

#### **Charity Ambassador – East Lindsey**

You could be a voice for children who have been bereaved to increase understanding and awareness within schools and community groups, as well as talking about the difference our charity makes and why it is so important.

#### **Collection Box Organiser – East Lindsey**

Liaising with our Fundraising Coordinator. Identifying and placing collection boxes in suitable locations – we can provide advice on the best locations. Collecting funds on behalf of the charity every 3-6 months (as they get full).

Other Ways to help in your Local Community



### **Coram Voice (Lincolnshire)**

#### **Independent Visitors – East Lindsey**

Independent Visitors are volunteers who befriend and spend time with a child or young person within Local Authority care. Our volunteers enjoy the challenge of building a lasting friendship and the children benefit greatly from a consistent, fun relationship with someone outside the care system..

### **Louth Voluntary Car Service**

#### **Car Driver – Louth**

We are a voluntary car service which transports people to medical appointments or takes people to visit family and friends who are in hospital We currently require drivers in the East Lindsey area. A mileage allowance of 45p per mile is payable to the driver.

#### **Admin Assistant – Louth**

The Louth Voluntary Car Service are looking for a helpful friendly person to help out in their office. This role would involve speaking to clients on the telephone, as well as light administrative tasks.

### **Lincolnshire Police**

#### **Special Constable (Volunteer Police Officer) – East Lindsey**

Special Constables have played a vital role in the Policing of Lincolnshire for hundreds of years and we are proud of the serving Special Constables we currently have working within our County. The Special Constabulary is made up of women and men who carry out their Specials duties in their spare time, working in towns, cities, and local communities to make Lincolnshire a safer place. Special Constables work alongside regular Police Officers and are involved in a wide range of policing activities.

### **Every-One**

#### **Carer Quality Award Assessor – East Lindsey**

Supporter of unpaid carers required to undertake assessment of completed Carer Quality Award portfolios. The Lincolnshire Carers Quality Award Is a County wide recognised award for organisations who effectively support unpaid Carers. To assess portfolios of evidence against set criteria.

## PLACES & SPACES IN LOUTH

Support local heritage buildings and community centres.



### Louth Museum in Lincolnshire Secretarial Assistant supporting the Museum Curatorial Team

To undertake secretarial and administrative duties in support of the small team of committed and enthusiastic curatorial staff. It will involve regular hours in the museum (suggested core time is Tuesday morning) but also undertaking work at home, such as responding to emails.

### Secretary to work on the Front Desk

Working with a colleague on the reception desk of the Louth Museum on Saturday afternoons to welcome visitors, use the till and provide a brief introduction to the museum.

### Minutes Secretary

To attend meetings of (a) Louth Museum volunteers, and (b) the LNALS Board, to take minutes, to type these on the computer and distribute by email. Meetings are normally held once a month, the museum meetings at 10am on a Monday morning, the LNALS meetings at 6pm on the same day. The meetings are held in the Louth Museum, but the minutes can subsequently be typed in any location.

### Education Liaison.

To develop links with local schools and colleges, prepare materials for young people, and arrange visits to the museum.

### Policy Secretary

To maintain and develop documentation for accreditation of the museum, and complete museum surveys. Much of this work can be done at home.

### Press Secretary

To liaise with the local press, including village newsletters, local radio and television, and digital publicity sites. Much of this work can be done at home.

### Digital Development Volunteer

Louth Museum are looking for support in developing the digital interaction with the museum and their digital marketing.

### St Barnabas Lincolnshire Hospice

### Garden Volunteer – Louth

You will be maintaining the gardens at one of the St. Barnabas properties to be used by our patients, carers and their families. You will help to provide a relaxing and pleasant space for everyone.

### Louth Navigation Trust Work Party Volunteer

Currently group workdays happen once a month on 2nd Monday. A variety of maintenance tasks such as brick laying, litter picking and rubbish removal from the water. Tools and waders provided.

### Louth Civic Trust Committee Member

The Trust is always looking for interested members to help them with the overall management of its campaigning and other activities.

## SUPPORTING CHILDREN & YOUNG PEOPLE

### Team Parish of Louth

### Baby Bank Assistant – Louth

The Baby Bank will be open on a Wednesday & Friday from 10am to 12 (noon). Volunteers will be needed to be in attendance when the baby bank is open. Items are free but should anyone want to donate then any cash will need to be handed into the deanery office (when it is open).

### The Scout Association

### Schoolreader in Local Primary School – East Lindsey

Schoolreaders recruit volunteers and match them to primary schools where they give free one-to-one reading sessions. Our aim is to make sure that every child can read well by the time they move to secondary school at the age of 11.

### The Scout Association

### School Governor – East Lindsey

Do you want to be inspired by the impact of education? Schools across Lincolnshire are looking for skilled volunteers to become school governors. Whether your background is in business management, finance, HR, law, healthcare or any other profession, you could make a huge difference to the welfare of local children.

### Schoolreaders

### Schoolreader in Local Primary School – East Lindsey

Schoolreaders recruit volunteers and match them to primary schools where they give free one-to-one reading sessions. Our aim is to make sure that every child can read well by the time they move to secondary school at the age of 11. Our volunteers currently listen to 12,500 children read every week across England.

## Diabetes UK - Lincolnshire

**DIABETES UK**  
CARE. CONNECT. CAMPAIGN.

### Local Group Secretary – East Lindsey

Adjusting to the knowledge that you or a family member has diabetes takes time and it's often helpful to meet other people who have been through a similar situation. Our network of local groups can offer understanding, help and support at an important time.

### Local Group Treasurer – East Lindsey

Adjusting to the knowledge that you or a family member has diabetes takes time and it's often helpful to meet other people who have been through a similar situation. Our network of local groups can offer understanding, help and support at an important time.

### Local Group Chair – East Lindsey

Adjusting to the knowledge that you or a family member has diabetes takes time and it's often helpful to meet other people who have been through a similar situation. Our network of local groups can offer understanding, help and support at an important time.

## VOLUNTEERING IS GOOD FOR YOU!

- Build self confidence
- Reduce social isolation and meet new people
- Reduce stress levels
- Give yourself a sense of purpose