

Here to help you and your community

Helping you to get the most out of your volunteering:

- Finding you the perfect role
- Filling in application forms online or off-line
- Developing unique roles to match your skills and interests
- Accompanying you to initial interviews and meetings
- Supporting you through the induction process

VOLUNTEERING

Linking you with community activities to support your health & wellbeing:

- One to one support to help set goals for health and wellbeing
- Advice on availability of services available in the community
- Support and advice on accessing local groups and activities

SOCIAL PRESCRIBING

If you would like your group's volunteer roles promoted in this booklet and through our local volunteer centres, contact your local Area Officer.

We can also help groups with:

- Funding sources
- Volunteer management & DBS checks
- Governance, policies and procedures

GROUP SUPPORT

We have area offices in Boston, East Lindsey, South Holland and South Kesteven.

Talk to your local Lincolnshire CVS Area Officer today:

Katy Gale
Area Officer South Holland
T: 01205 510888 / Option 2
M: 07508 950438

katygale@lincolnshirecvs.org.uk
c/o Tonic Health, 6 Broadgate House, Westlode Street, Spalding. PE11 2AF

VOLUNTEERING OPPORTUNITIES



Get Involved - Learn New Skills - Support your Local Community



IN SOUTH HOLLAND

LCVS has made every attempt to ensure the accuracy and reliability of the information provided on this leaflet. However, the information is provided "as is" without warranty of any kind. LCVS does not accept any responsibility or liability for the accuracy, content, completeness, legality, or reliability of the information contained in this leaflet.



Lincolnshire Community and Voluntary Service

Registered Charity No. 1069356 Company Limited by Guarantee registered in England and Wales No. 3503128. Registered Office: C/O Boston Borough Council, Municipal Buildings, West Street, Lincolnshire, PE21 8QR

www.lincolnshirecvs.org.uk



Volunteer Centre

Issue 2 (Summer) 2021

HEALTH & SOCIAL CARE ROLES

Use your life experiences to make a difference to others

The Order of St. John Care Trust – Patchett Lodge: **Volunteer Activities Assistant - Holbeach**

Our volunteer Activities Assistants play a vital role in ensuring our residents get the most out of life. Helping with our activity programmes doing everything from bingo to film nights, sing-alongs to baking, memory cafes to 'virtual cruising'.

Adults Supporting Adults (ASA):

Shop 2 Gether – South Holland

Can you help support people in your community to do their shopping and provide a valuable social link for them? We are looking for sociable, friendly volunteers who can spare a few hours a week to help vulnerable people access the shops; allowing them to do their shopping, maybe have a cup of coffee whilst they are out, and then safely returning them home to unpack (helping them to do this also if the person requires).

Survivors of Bereavement by Suicide:

Peer Support Facilitator – South Holland

Have you been Bereaved by Suicide? Do you have a desire to help other people who have also been Bereaved by Suicide? Are you comfortable listening to the experiences of others? You could be just the person we are looking for. We have self-help support groups across the UK, where you can meet with other people who have been bereaved by suicide and we want to establish more groups across Lincolnshire.

Carers FIRST Grantham:

Telephone Befriender – South Holland

Carers FIRST is committed to placing Carers needs at the heart of service delivery. We are recruiting Telephone Befrienders across all of Lincolnshire to provide a listening ear for those who care for family/friends and provide telephone contact to those who care and offer reassurance along with the opportunity for someone to have a chat with a friendly person amongst other things.

Crowland Cares:

Car Drivers

Volunteer drivers are required to transport elderly people to a variety of appointments, some health related and some social. Must have own vehicle fit for purpose and insured.

Hope for Tomorrow:

Community Champion – South Holland

Community Supporters assist the Hope for Tomorrow team in promoting our aims by representing us at a broad range of community events, as well as speaking on our behalf. We are looking for individuals who want to contribute something extra and believe in the aims of Hope for Tomorrow. We will ensure that you are fully prepared and supported when asking you to undertake anything on our behalf.

Every-One:

Carer Quality Award Assessor – South Holland

Supporter of unpaid carers required to undertake assessment of completed Carer Quality Award portfolios. The Lincolnshire Carers Quality Award Is a County wide recognised award for organisations who effectively support unpaid Carers.



COULD YOU BE A MICRO-VOLUNTEER?

You can support charities in many ways without a long-term commitment:

- Planting, weeding or pruning in a community garden.
- Posting on social media.
- Helping at a one-off event such as the beach cleans or marshalling at events
- Taking part in fundraising activities such as bake sales, knitting.

Contact us today to find out who needs just a little of your time.

Marketing & Communications:

English Regional Transport:

Stall Assistant – South Holland

To man ERTA stalls at promotion and fundraising events. The role includes seeking stall opportunities and organising a team to run them.

Ivo Day Centre:

Office Administrator - Spalding

A volunteer is required to support the current manager who is looking to cut back on her work hours. Mostly office duties including filing, and the usual office day to day business.

VOLUNTEERING CAN BOOST YOUR EMPLOYABILITY

- Great for your CV
- Support Job applications
- Support a University application
- Access Training
- Gain Qualifications
- Get back into a Work Routine

DISCOVER THE BENEFITS OF BEING A TRUSTEE

Trusteeship is a unique form of volunteering and a fantastic way to engage in the charity sector with many professional rewards.

- Contributing to a great cause
- Gaining strategic experience
- Creating professional networks
- Developing skills and experience

Contact us for current vacancies.



Tonic Health: **(Dementia) Focus Group Assistant – Spalding**

Volunteers are an integral part of the support team helping those living with dementia, being responsible for serving refreshments, as well as helping-out with activities and supporting the group leader(s).

Face to Face Befriender - Spalding

Tonic Health are now looking for persons to engage as befrienders out in the community. Potential users are referred to the service and will have an initial assessment to ensure that it suits their needs.

Support Worker – Autistic Led – Spalding

Autistic Led, is an 18+ autistic adult meeting group run for, and by, autistic adults, every Thursday from 4.30pm - 6.30pm. A volunteer is needed to support the work of this essential and popular group. If you're interested in making a tangible difference in the community this could be the role for you.

COMMUNITY

Learn new skills and raise vital funds in retail.



Spalding Good Neighbour Scheme:

Neighbourhood Support –

Duties would include Befriending (Popping in for a chat/phone call), Prescriptions (Collection & Delivery), Admin Tasks, Digital Support, Household Tasks and more.

Transport Volunteer – To provide occasional lifts for users. Trips to places such as Hairdressers, Beauty appointments, Library, Shops, Social groups and many more,

Call Handler – To respond to users calls for support, collecting the relevant information and updating the data information system and to allocate the task to a suitable volunteer and updating the data information system accordingly and just some of the duties of this role.

Committee Volunteer – General Committee Members required for the Spalding & Pinchbeck area as part of the Good Neighbour Scheme.

Similar roles are available for schemes in; East Elloe, Surfleet, Gosberton and Quadring.



Cancer Research – Spalding:

Shop Volunteer – Typical volunteering tasks in our charity shops include: Serving customers, taking cash and providing good all-round customer service, sorting through donated items and pricing stock.

Butterfly Hospice Trust:

Volunteer Retail Assistant – Spalding – Are you keen to join our retail team as a volunteer Retail Assistant? We are looking for individuals to join us who genuinely want to deliver excellent customer service to our many loyal and new customers.

Alzheimer's Research UK:

Collection Tin Coordinator – South Holland – We are looking for passionate volunteers to help raise vital funds by placing and maintaining collection tins in local shops and businesses.

Wood Green Animal Charity:

Sales Assistant - Spalding – Do you enjoy meeting new people and have a flair for excellent customer service? If so we would love to hear from you. Wood Green are currently developing and growing their Charity Shop sector and need staff now more than ever!



Community Gardening & Horticulture

Talk to us about a range of opportunities in your local community at: **Donington IDEA, Donington Conservation Group, Spalding in Bloom** and **Patchett Lodge.**

Volunteering with Headway Lincolnshire



Headway Lincolnshire Fundraiser

We are seeking a local passionate and committed volunteer to work alongside members of the Headway Lincolnshire group to fundraise. This is a unique fundraiser role. You will work independently out in the community and will be expected to support and include members of our social and support groups, who are living with the effects of brain injury themselves, in the planning and running of fundraising activities.

Public Speaker

We're looking for someone who has life experience of Brain Injury, either having a brain injury or caring for someone with a brain injury with great communication skills to share your story and raise awareness of brain injury and Headway Lincolnshire. By giving talks in your community, you'll be raising awareness and spreading the word about brain injury and Headway Lincolnshire.

Social Media Ambassador

Are you on at least one social media channel (Facebook, Twitter, Instagram or LinkedIn)? Do you have an hour or two per month available to volunteer? If you answered yes to these questions, then we'd love to have you join us as a Social Media Ambassador! Help us spread the word about Headway Lincolnshire, and brain injury and its effects Amplify our message and help us reach new individuals within our community.

Website Maintainer

The opportunity is to maintain and improve the website, and to train our staff to be able to do this for themselves. The role would include:-

- Updating the Charity's website
- Updating and adding new content to our Twitter and Facebook pages
- Liaise with staff to get updates for the website/ social media
- Promote our fundraising events & other charity activities
- Advertise job/ volunteer vacancies.

PLACES AND SPACES IN SOUTH HOLLAND

Support local heritage buildings and community centres



Crowland Abbey:

Heritage Visitor Guides – Heritage Visitor Guides are in attendance at the Abbey to help visitors find out more about the history of the Abbey and the St Guthlac scroll - there are plenty of materials available, so you do not need to learn the dates off by heart!

Meeter & Greeter – Providing a warm welcome to visitors and handing them the 'quick glance' single A4 history sheet to do a self-guided tour (inside and outside). More experienced guides offer more in-depth tours for those who have more time and want to hear more of the heritage of Crowland Abbey.



This colossal tower mill has the distinction of being the largest surviving windmill not only in Lincolnshire, but in the whole country. It can claim to be the largest complete windmill, Sutton mill in Norfolk is 80 feet high to the top of its cap. Moulton mill however is 100 feet high to the top of its ogee cap. It was built in about 1822 by Robert King.

Moulton Windmill:
Tea Room & Shop Assistant Assistants – The Granary Tea Rooms provide refreshments to visitors of the Moulton Windmill. They are on the lookout for people to become volunteer.

Windmill Guides – Do you like talking to people? Volunteer Windmill guides are needed to support this wonderful mill which is the tallest in the country. This role involves meeting members of the public and putting them at ease A friendly approach is needed to be confident, interacting with visitors and answering questions they might have.



VOLUNTEERING IS GOOD FOR YOU!

- Build self confidence
- Reduce social isolation and meet new people
- Reduce stress levels
- Give yourself a sense of purpose
- Become happier

MORE PLACES AND SPACES IN SOUTH HOLLAND

Support local heritage buildings and community centres



Ayscoughfee Hall & Gardens: Gardener – Spalding – The team at Ayscoughfee Hall are always looking for more volunteers to help tend to the grounds and gardens.

Supporting families within your local community

Little Miracles – South Holland:
Support Worker - Spalding
Providing assistance at local support sessions and community events. Various tasks including supervising children, assisting families and food preparation. Friday evening sessions 5-7pm at Tonic Health alternate Tuesdays 10-11.30 Holbeach and school holidays sessions at the Fun Farm.

Little Miracles, Fun Farm Car Boot Field
Event Team Supporter - Spalding – Meet and greet visitors to the event. Various supporting roles. help man stalls, control entry, even help promote the event.

Volunteering with and for animals



The Exotic Pet Refuge: **Animal Care Assistant – Deeping St James**

You be involved in any of the following activities: Preparation of food, feeding the animals, cleaning out the cages and enclosures. Several times a year we have open days and will need extra support on such days. There may also be the opportunity to do outreach and fundraising at Springfields Outlet etc with the owls.



Riding for the Disabled Association
Incorporating Carriage Driving

Fenland RDA (Riding for the Disabled):

Children's Horse Riding Assistant - Whaplode St. Catherine – Volunteers are needed at Whaplode St Catherine to assist children with special educational needs to learn to ride. Previous experience of horses and/or children would be an advantage as volunteers are needed to either lead the ponies or help support the riders.