

# Volunteering Opportunities



**In the Boston Borough, East Lindsey, South Holland  
and South Kesteven areas**



**Volunteer Centres**  
Lincolnshire



## Boston Borough

LCVS has thousands of volunteering opportunities throughout the areas we cover, anyone can volunteer in any of the locations they would like to. Please take a look at this small selection for the **Boston Borough area**. This includes Boston town and surrounding villages.

You can help to make a difference today.



### St Barnabas Hospice

You will enjoy being creative and willing to take a shared responsibility supporting their Creative Wellbeing groups on either a weekly or fortnightly basis. You will provide a safe, friendly environment for group members to meet, you will share your creativity within the group by supporting with making memories and managing emotions through creative activities. Activities to include, but not limited to: Creating scrap books, crocheting/knitting blankets, sewing comfort bags and building Lego.



### Butterfly Hospice

#### Garden Volunteers

Garden volunteers are based at their site in Boston and as part of this role you could expect to be pruning, cutting, trimming, planting, picking and tidying the grounds.

Garden volunteering provides you with the opportunity to work outdoors, taking in fresh air and natural light, which has been proven to help with mental health in reducing anxiety and depression.



It can just be about benefitting the people you're doing the voluntary work for or it could just be that you want to get out of the house, meet new people or brush up on skills

Volunteer Feedback

### Inspired Equine Assisted Learning CIC



#### Hedgerow Heros

If you love nature and the outdoors you could become a Hedgerow Hero. No experience is necessary, just enthusiasm! You will receive training and personal safety equipment will be provided.

### HealthWatch Lincolnshire

#### Community Listener

You will gather feedback from the public by attending GP surgeries, hospitals, libraries, Council Offices and other public places. Help promote the work of Healthwatch Lincolnshire. Gather people's views and experience through the use of surveys.

### United Lincolnshire Hospitals Trust, Pilgrim Hospital

#### Carers Hub Volunteers required

This opportunity includes:

- Creating a relaxed and inviting atmosphere to welcome carers and cared for.
- Being responsible for the area and report any necessary hazards to the trust

### Shaw Trust

#### Digital Skills Support Volunteer

You will help participants to increase their digital skills through one-to-one or group support and boost their confidence using IT. As well as delivering basic IT training and support, there are also participants who will seek intermediate/advanced skills specific to their job goals.

### Boston Green Volunteers

Weekly sessions litter picking and maintaining green spaces in the centre of Boston.



## East Lindsey Coast

LCVS has thousands of volunteering opportunities throughout the areas we cover. Please take a look at this small selection for the **East Lindsey Coastal area**. This includes the following towns: Mablethorpe, Ingoldmells, Sutton-on-sea and Skegness.

### St. Barnabas Hospice

#### Retail Social Media Volunteer (Skegness or Mablethorpe)

If you are active on Instagram or Facebook, love fashion, retail and know how to use eye catching images, videos and music, they need your help to run their shop bespoke social media channels. You'll work with the Manager at the Skegness or Mablethorpe store to promote suitable items for marketing, encouraging interest, customers and Volunteer recruitment for the shop as appropriate. You'll respond to followers' messages, help to finalise sales and be the voice of the shop through these channels. You'll also have the opportunity to help out in other general duties within the shop if you wish.

### Night Light Café

#### Volunteers required to support at the Night Light Cafes in Skegness or Mablethorpe

It is recommend that volunteers haven't had a recent episode of poor mental health prior to volunteering. The only advice offered in The Night Light Cafes is in the form of signposting, and volunteers are reminded that they are not out to fix people, but rather to support and empower people.

### Shaw Trust

#### Employability Support Volunteer (Skegness)

- This role could include:
- Supporting participants to improve their CV and cover letters and sharing how to tailor these to job specifications.
  - Identifying someone's transferable skills and how to make the most of these in job applications.
  - Developing the participants' online presence and personal branding using websites like LinkedIn.
  - Supporting job searches including exploring the hidden job market.

### Lincolnshire Community Health Services NHS Trust

#### Community Hospital Ward Volunteer required in Skegness

- This role involves:
- Keeping patients company by engaging in conversation
  - Doing activities with patients such as games, puzzles, crafts
  - Motivating patients to complete self-directed therapy
  - Supporting at mealtimes by handing out meals or encouraging patients to eat and drink
  - Helping patients to keep in touch with their family through virtual visiting

### HealthWatch Lincolnshire

**Enter and View volunteers required** 'Enter and View' volunteers gather people's experiences whilst they are receiving Health or Care Services i.e., Care Homes and Hospital Wards etc. This role requires additional training as you will be talking to vulnerable patients.

### Did you know?

There are over 30 different types of volunteering opportunities!

We have so many more volunteering opportunities available! We are here to support you in finding what you're passionate about. You can volunteer from home and participate in micro-volunteering (smaller roles and one off tasks without the longer and regular commitment).



## East Lindsey

LCVS has thousands of volunteering opportunities throughout the areas we cover. Please take a look at this small selection for the **East Lindsey area**, this includes the following towns: Louth, Alford, Spilsby and Wragby.

### Night Light Café

#### Volunteers required to support at the Night Light Cafes in Horncastle, Spilsby or Alford

It is recommended that volunteers haven't had a recent episode of poor mental health prior to volunteering. The only advice offered in The Night Light Cafes is in the form of signposting, and volunteers are reminded that they are not out to fix people, but rather to support and empower people. Volunteers are asked to commit to working a minimum of one evening a month.



### Age-Friendly Ambassadors



Are you aged 50+ and living in East Lindsey? Would you like the opportunity to have your say on issues that affect you and share Age-positive messages with family, friends and your community? You can give as much, or as little time as you want. Spread the Age-Friendly message and help with initiatives and developments across the district.

### Age UK Lindsey

#### Charity Shop Volunteer (Horncastle)

Volunteers will assist the Charity Shop team in the running of a friendly, vibrant shop providing first class customer care. This is a varied role with a number of tasks available dependent on the needs within the store.

## Lincolnshire Community Health Services NHS Trust

### Community Hospital Ward Volunteer required in Louth

This role involves:

- Keeping patients company by engaging in conversation
- Doing activities with patients such as games, puzzles, crafts
- Motivating patients to complete self-directed therapy
- Supporting at mealtimes by handing out meals or encouraging patients to eat and drink
- Helping patients to keep in touch with their family through virtual visiting
- Meeting and greeting visitors to show them the way
- Fetching items for patients from the shop e.g. newspaper

### Urgent Treatment Centre Volunteer required in Louth

This role involves:

- Welcoming and guiding patients
- Finding wheelchairs where needed
- Fetching refreshments for those waiting for transfer
- Escorting patients to the right ward or area of the hospital
- Providing company and conversation for anxious patients
- Relaying information from reception to patients

### The Orders of St. John Care Trust



#### Gardener - Eresby Hall (Spilsby)

You will help keep the garden looking great all year round by weeding, dead heading and planting. You will keep patio areas free of leaves and you will also support with gardening projects and planting residents' choice of plants.

What do  
Volunteers mean  
to us?  
**EVERYTHING!**



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# South Holland

LCVS has thousands of volunteering opportunities throughout the areas we cover. Please take a look at this small selection for the **South Holland area**.

This includes the following towns:

Spalding, Crowland, Sutton Bridge, Long Sutton, Donington and Holbeach.



## St. Barnabas Hospice

### Wellbeing Hub Volunteers required in Spalding

You will welcome patients and carers into the building, helping them feel comfortable in the environment.

You will support weekly coffee mornings, offer a listening ear during visits and signpost visitors to where they can access information on other hospice services.

## Tonic Health

### Night Light Café Volunteers required in Spalding or Holbeach

Volunteers are not required to have prior experience in a mental health setting as full training is given.

Previous experience of having a mental health problem personally or supporting someone else with a mental health problem is beneficial. The only advice offered in The Night Light Cafes is in the form of signposting, and volunteers are reminded that they are not out to fix people, but rather to support and empower people.

## Citizens Advice Centre

### Training Officer Administrator required in Spalding

You will receive a full induction and training into the role.

Some of the duties involved:

- Talk to potential volunteers over the phone, face to face, or online to explore volunteering opportunities
- Support the Training Officer with the recruitment process which involves: Phone calls, references, interviews and admin preparation
- Provide administrative support with regards to preparation for events and talks in the local community

## Childrens' Links – Family Support for Family Contact

Volunteers will have a caring nature, a willingness to help others, and ability to remain impartial and confidential at all times. This charity runs Supported Child Contact Centres throughout Lincolnshire where children of separated families can enjoy contact with one, or both, parents in a safe environment.

## Shaw Trust

You will help participants to increase their digital skills through one-to-one or group support and boost their confidence using IT. As well as delivering basic IT training and support, there are also participants who will seek intermediate/advanced skills specific to their job goals.

## The Orders of St. John Care Trust

**Activities Assistants and Gardeners required in Spalding.**

Volunteers tell us that they have noticed a significant improvement in their confidence, self esteem and health and wellbeing due to volunteering

Volunteer Feedback

## Retail Charity Store Volunteers – Spalding

- St. Barnabas Hospice
- Cancer Research
- Butterfly Hospice

Offering a variety of tasks within the roles, sorting, setting out, cleaning and tidying and helping customers.

## The Meadows Day Centre

You will drive a minibus to collect up to 10 clients, on a pre-planned route, with the support of an escort. Driving times are normally 9am to 10.30am and 3pm to 4.30pm. Some routes are longer than others.



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## South Kesteven

LCVS has thousands of volunteering opportunities throughout the areas we cover, anyone can volunteer in any of the locations they would like to. Please take a look at this small selection for the **South Kesteven area**. This includes the following towns:  
Bourne, Grantham, Market Deeping, and Stamford.

### Shaw Trust

#### Digital Skills Support Volunteer

You will help participants to increase their digital skills through one-to-one or group support and boost their confidence using IT. As well as delivering basic IT training and support, there are also participants who will seek intermediate/advanced skills specific to their job goals.



### The Orders of St. John Care Trust

**Activities Assistants, Gardeners  
and Befrienders required in  
Grantham, Stamford or Bourne.**

### Childrens' Links – Family Support for Family Contact

Volunteers will have a caring nature, a willingness to help others, and ability to remain impartial and confidential at all times. This charity runs Supported Child Contact Centres throughout Lincolnshire where children of separated families can enjoy contact with one, or both parents in a safe environment.

### St. Barnabas Hospice

#### Wellbeing Hub Volunteers required in Grantham

You will welcome patients and carers into the building, helping them feel comfortable in the environment.

You will support weekly coffee mornings, offer a listening ear during visits and signpost visitors to where they can access information on other hospice services.

## United Lincolnshire Hospitals NHS Trusts – Grantham Hospital

### Ward Buddy

- Help patients to choose meals and complete cards. Serve meals & refreshments
- Encouraging patients to get up, go to bed and to occupy themselves during the day
- Accompany patients off the ward for a walk or visit to the gardens
  - Clear/tidy patient area; wipe down trolleys, tables, chairs etc
- Support with general admin tasks
  - Errands off the ward and answering telephone and taking messages for staff

### Entrance Meet and Greeter

- Greet and welcome patients and visitors. Help and guide them to their destination
- Use hospital wheelchair to escort patients/visitor to appointments/wards
- Advise visitors on visiting policy and answer queries
- Signposting patients and visitors to wards or appointments
  - Distributing patient leaflets
- Ensure public facing signage is updated and maintained in line with trust policy

### Clinic Assistant

This opportunity involves working within a clinic to provide support to the Outpatient staff, including the Outpatient Nurses and Administrative Staff. You may provide basic information and support to patients and visitors, including meeting and greeting, covering reception, supporting patients in the use of Self Check-in Kiosks and assisting with non-urgent tasks and errands. You may also escort patients to other clinical areas at the request of the nurse in charge and use hospital wheelchairs to escort patients/visitors to appointments/wards. You will also become involved in the replenishment of information leaflets and update the notice board.



We have so many more volunteering opportunities available! We are here to support you in finding what you're passionate about. You can volunteer from home and participate in micro-volunteering (smaller roles and one off tasks without the longer and regular commitment).

## Reasons to volunteer



Improve your skills



Develop Confidence



Build your CV



Improve Health and Wellbeing



Meet new people



Gain experience



Make a difference



Become part of the community



It's enjoyable

## Group Support

If you would like your group's volunteer roles promoted in this booklet and through our local volunteer centres, contact our team.

We can also help groups with:

- Funding sources
- Volunteer management and DBS checks
- Governance, policies, and procedure

## Social Prescribing

Linking you with community activities to support your health & wellbeing:

- One to one support to help set goals for health and wellbeing
- Advice on availability of services in the community
- Support and advice on accessing local groups and activities

## Contact us

☎ 01205 510888



[www.lincolnshirecvs.org.uk](http://www.lincolnshirecvs.org.uk)



[enquiry@lincolnshirecvs.org.uk](mailto:enquiry@lincolnshirecvs.org.uk)

You can also browse opportunities and register to volunteer via this

QR code



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@Lincolnshire Community and Voluntary Service



Lincolnshire CVS

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