

Here to help you and your community

Helping you to get the most out of your volunteering:

- Finding you the perfect role
- Filling in application forms online or off-line
- Developing unique roles to match your skills and interests
- Accompanying you to initial interviews and meetings
- Supporting you through the induction process

VOLUNTEERING

Linking you with community activities to support your health & wellbeing:

- One to one support to help set goals for health and wellbeing
- Advice on availability of services in the community
- Support and advice on accessing local groups and activities

SOCIAL PRESCRIBING

If you would like your group's volunteer roles promoted in this booklet and through our local volunteer centres, contact your local Area Officer.

We can also help groups with:

- Funding sources
- Volunteer management & DBS checks
- Governance, policies, and procedures

GROUP SUPPORT

We have area offices in Boston, East Lindsey, South Holland and South Kesteven.

Talk to your local Lincolnshire CVS Area Officer today:

Katy Gale

M: 07904 003864

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Karel Middleton

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VOLUNTEERING OPPORTUNITIES



get involved - learn new skills - support your local community



IN SOUTH HOLLAND

THIS BOOKLET ONLY SHOWS A SMALL SELECTION



Lincolnshire Community and Voluntary Service

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Volunteer Centre

Issue 5 (Autumn/Winter) - 2022

Gain New Skills



Spalding Flower Parade is returning in May 2023!

Once upon a time, Spalding was known worldwide for its annual flower parade but sadly, due to lack of funding and support, it ceased to exist almost ten years ago

Well, the good news is, it's coming home and we're showing that Spalding still has community spirit!

The whole event is run by volunteers and local businesses. Opportunities for volunteers include:

- Parade marshalls along the route and walking alongside floats
- Car parking assistants
- Stagehands for entertainment
- Fund raisers and charity collectors
- Handing out route maps
- Ambassadors for Spalding (giving out tourist information and answering questions)
- Helping clean up the site afterwards
- Leaflet distributors
- Decorating floats
- Flower picking (May 2023)
- and much more

COULD YOU BE A MICRO-VOLUNTEER?

You can support charities in many ways without a long-term commitment:

- Planting, weeding or pruning in a community garden.
- Posting on social media.
- Helping at a one-off event such as the beach cleans or marshalling at events
- Taking part in fundraising activities such as bake sales, knitting.

Contact us today to find out who needs just a little of your time.

DISCOVER THE BENEFITS OF BEING A TRUSTEE

Trusteeship is a unique form of volunteering and a fantastic way to engage in the charity sector with many professional rewards.

- Contributing to a great cause
- Gaining strategic experience
- Creating professional networks
- Developing skills and experience

Contact us for current vacancies.

Spalding District Guides Volunteer Unit Helper

To help supervise children while they are doing crafts, cooking, playing games or going for walks.



VOLUNTEERING CAN BOOST YOUR EMPLOYABILITY

- Great for your CV
- Support Job applications
- Support a university application
- Access Training
- Gain Qualifications

Tonic Health

Refreshments Volunteer – Holbeach Hub

- To provide refreshment bar within Tonic Health Hub
- Provision of hot and cold drinks and pre-packaged snacks
- Taking orders
- Clearing tables, washing up, and keeping kitchen tidy
- Keeping refreshment area clean and presentable to the public
- Cash and card transactions
- Stock preparation and display
- Catering to customer's needs
- Support to Tonic Staff and groups.

Youth Activity & Sports Facilitator – Holbeach

This role is to help facilitate new Youth provision at the newly acquired Holbeach Hub for the benefit of young people in Holbeach and surrounding areas to support the youth leader and hub staff with providing help during activities and being able to promote the service to the wider community.

Gain New Skills

Project St. Thomas **Administrative Officer – Minute Taker**

An opportunity for a volunteer wishing to gain experience in general Administration and Minute Taking to join a friendly team leading on a community project:

- Immediate start
- Attend monthly meetings and produce minutes
- Administration support for a new project working alongside the project manager
- Based in Spalding Lincolnshire
- Travel expenses covered

CPSL Mind **Co-Facilitator – Good Mood Café – Crowland or Holbeach**

Our Good Mood Cafes provide an opportunity to meet new people to share interests, skills and wellbeing tips in an informal space to help boost your mood. A Co-Facilitator will support CPSL Mind staff to deliver this service and will help initiate conversation. The opportunity to use your lived experience or knowledge of mental health challenges, in a safe and contained way to support others – The opportunity to help us bring communities together and help deliver our message of 'its ok not to be ok'.

Meet New People

Meadow Day Centre **Driver Escort**

Escorts are required to assist the drivers on the minibuses taking elderly people from their homes to the Day Centre in Spalding. The escorts would be responsible for the safety of the passengers: Making sure the doors are locked, seatbelts are always worn and assisting the passengers on and off the bus. The minibus collects and returns the visitors Monday to Friday 9.00am to 10.30am and 3.00pm to 4.30pm. Days and times to be negotiated to suit volunteer. - No driving will be required.

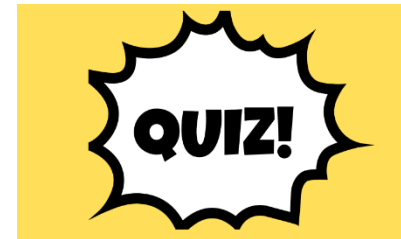


Girl Guiding Holbeach **Group Support Volunteer**

Supporting Guides during meetings- crafts, cooking, diversity activities, helping with programme activities that are planned by the leader, empowering the guides, building life skills.



Make a difference



Age UK Lincoln & South Lincolnshire **Virtual Quiz Facilitator**

To help Age UK Lincoln & South Lincolnshire connect older people to online clubs and activities. You will be creating fun quiz sessions to offer fun and social interaction to the members. You will be supporting activities via Zoom calls with small groups of people, supporting them with the use of their computer equipment, facilitating a quiz. You will be providing that friendly human support to answer queries and encourage them with new people; this role is varied and determined by the need of our older community.

VOLUNTEERING IS GOOD FOR YOU!

- Build self confidence
- Reduce social isolation and meet new people
- Reduce stress levels
- Give yourself a sense of purpose
- Become happier

Retail Volunteering

Sue Ryder **Retail Volunteer – Spalding or Holbeach**

As a Sue Ryder Retail Volunteer, you will have the opportunity to be involved in aspects of the day-to-day running of the store including...

- Sorting and pricing stock
- Stock replenishment
- General customer service
- Till work
- Window Dressing
- If cleaning is your favourite thing to do, we also have opportunities to help keep our stores safe and hygienic.

Crowland Community Hub and Library **Charity Shop Volunteer - Crowland**

Keeping the shop and storage area clean and tidy, Sorting through donations and general retail work, till and customer service.

Age UK **Digital Champion**

This exciting role supports older people to use technology to keep them connected to friends and family, access services online and take part in online activities. You will be providing the friendly human support to answer their queries and encourage them with new skills. You may provide one off support or may need to check in with them on a regular basis depending on how well they are able use technology and associated apps.

Support Your Community

Medical Detection Dogs

Fundraiser

What does the role involve?

- Raising an awareness and funds for Medical Detection Dogs
- Working with members of staff and volunteers
- Assisting with street collections or at local supermarkets
- Helping on stalls and sell our merchandise. Keep accurate records of what we sell
- Counting donations
- Organising your own event
- Taking part in a fun run or challenge
- Attending local events organised by Regional Support groups or by Medical Detection Dogs staff
- Welcoming visitors to events, talking to members of the public about our work and answering any questions, queries they have
- Helping set up and pack away at events
- Attending cheque presentations on behalf of the charity
- Keeping up to date with the charity's news, information, and developments
- Following all basic paperwork and money handling procedures

Holbeach Community Events

Exhibition Facilitator

This is a Pop-up Exhibition on the High Street of Holbeach detailing the history of Holbeach with artefacts and interactive media such as video. The purpose of these roles is to provide a welcoming environment to visitors to learn about the history of Holbeach. You will be responsible for:

- * Opening/Closing the venue
- * Meeting and greeting visitors
- * Setting up interactive displays such as video
- * Supporting visitors to access the artefacts ensuring that they are handled carefully
- * Talking to visitors about their experience
- * Encouraging visitors to complete feedback surveys
- * Accepting and securely storing donations

Build your CV

Jerry Green Dog Rescue

Dog Fosterer

- To assist in the day-to-day care of a dog, by providing a temporary, safe, caring, and loving home for those that for whatever reason, are best placed away from the kennel environment.
- To deliver each dog's individual care plans and give them the opportunity to recover, relax, have a cuddle, walk, play, and experience a home environment. Because happier dogs equal dogs that are more quickly adopted. What will I be doing? Day to day care for the dogs, this could include giving medication. Ensuring a safe and healthy environment for the dog to stay in Training the dog guided by Jerry Green staff Taking the dog to all vets' appointments and relaying the information and outcomes to Jerry Green staff Providing the suitable amount of exercise for the dog and enrichment activities Taking the dog to any arranged "Meet Match™" sessions, to enable the dog to meet with potential re-homers and taking an active involvement in the meeting sharing your knowledge of the dog that you are caring for Assessing and monitoring the dog, documenting details as required to assist Jerry Green staff in finding the right home for the dog Obtaining supplies of food, bedding, toys etc. for the dog when necessary. How much time do I need to commit? Having a foster dog will require your total commitment. What support will I be given? You will go through a full induction to the role and skills check. We will provide you with continuous support and guidance along with a telephone number where you can get advice in an emergency.

Children's Links

Supported Child Contact Centre Volunteers – South Holland

The Centres are open for 2 hours, 10am - 12midday every other Saturday. Toys and play equipment are provided together with refreshments and space for each family to have time together. Teams of volunteers are needed to help with the running of the Centres. There are a variety of jobs to do, some of which involve direct contact with users of the Centre and some of which do not. We need both men and women volunteers. Full training is organised and/or provided by Children's Links. Any out-of-pocket expenses are reimbursed.