

## Here to help you and your community

Helping you to get the most out of your volunteering:

- Finding you the perfect role
- Filling in application forms online or off-line
- Developing unique roles to match your skills and interests
- Accompanying you to initial interviews and meetings
- Supporting you through the induction process

### VOLUNTEERING

Linking you with community activities to support your health & wellbeing:

- One to one support to help set goals for health and wellbeing
- Advice on availability of services available in the community
- Support and advice on accessing local groups and activities

### SOCIAL PRESCRIBING

If you would like your group's volunteer roles promoted in this booklet and through our local volunteer centres, contact your local Area Officer.

We can also help groups with:

- Funding sources
- Volunteer management & DBS checks
- Governance, policies and procedures

### GROUP SUPPORT

We have area offices in Boston, East Lindsey, South Holland and South Kesteven.

Talk to your local Lincolnshire CVS Area Officer today:

**Mandy Elmer**  
**Area Officer - East Lindsey**  
**T: 01205 510888**

[enquiry@lincolnshirecvs.org.uk](mailto:enquiry@lincolnshirecvs.org.uk)  
Tedder Hall, Manby, Nr Louth,  
Lincolnshire LN11 8UP

# VOLUNTEERING OPPORTUNITIES



get involved - learn new skills - support your local community



## IN EAST LINDSEY

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### Lincolnshire Community and Voluntary Service

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[www.lincolnshirecvs.org.uk](http://www.lincolnshirecvs.org.uk)



**Volunteer Centre**

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## Gain new skills and make a difference in your community

### **Louth and District Hospice**

#### **Bookshop Retail Sales Assistant - Louth**

Calling all bookworms! We are seeking local people to join our team of enthusiastic volunteers who run our charity book shop. A passion for literature would be amazing, but a simple love of the written word in all forms will suffice! General duties include serving customers, helping find the perfect title, handling payments, organising stock, and keeping the shop tidy.

### **New Life Centre Spilsby**

#### **Youth Club Volunteer – Spilsby**

The Monday night Youth Club is for young people from 11-15 years and a Special Education Needs (SEN) group for 16+ on a Tuesday evening. Volunteers are needed to help assist the team and support with the activities organised for the group. There is a varied range of activities taking place in the evening from Arts and Crafts and Air Hockey in the games area to Life Skills and Computer Games.

### **Lincoln and Lindsey Blind Society – Lincolnshire (LLBS)**

#### **Client Befriender for our 'Friend in Sight' Project – Louth**

To provide one on one companionship and support to a visually impaired person who is isolated or lonely.

## Keep Britain Tidy, RiverCare and BeachCare

### **River Hero - Louth**

Calling all Litter Heroes! Your local blue space needs you! We have an exciting opportunity for an individual, a small group, or an existing community group to join Louth's RiverCare group as they clear litter pollution from the River Lud and surrounding areas. All equipment, training and support will be provided. You will be joining a network of over 50 groups across the region and making a huge difference to marine life across the planet by keeping their environment as safe, clean, and natural as possible.



### **COULD YOU BE A MICRO-VOLUNTEER?**

You can support charities in many ways without a long-term commitment:

- Planting, weeding or pruning in a community garden.
- Posting on social media.
- Helping at a one-off event such as the beach cleans or marshalling at events
- Taking part in fundraising activities such as bake sales, knitting.

Contact us today to find out who needs just a little of your time.

### **Evergreen Care Trust**

#### **Misc. Care Folk Needed – East Lindsey**

We have 7 voluntary services you might like to get involved in. Advocacy, Befriending, Chaplaincy, Hosp to Home, Friendship Club, Clean Teams & Hand & Nail

### **VOLUNTEERING CAN BOOST YOUR EMPLOYABILITY**

- Great for your CV
- Support Job applications
- Support a University application
- Access Training
- Gain Qualifications

### **DISCOVER THE BENEFITS OF BEING A TRUSTEE**

Trusteeship is a unique form of volunteering and a fantastic way to engage in the charity sector with many professional rewards.

- Contributing to a great cause
- Gaining strategic experience
- Creating professional networks
- Developing skills and experience

Contact us for current vacancies.

### **Sue Ryder Lincolnshire Retail Volunteer – Louth & Horncastle**

As a Sue Ryder Retail Volunteer, you will have the opportunity to be involved in many aspects of the day-to-day running of the store including but not limited to...

- Sorting and pricing stock
- Stock replenishment
- General customer service
- Till work
- Window Dressing
- If cleaning is your favourite thing to do, we also have opportunities to help keep our stores safe and hygienic.



## Hope for Tomorrow

### Collection Box Coordinator – Louth

What does the role involve?

- Identifying and placing collection boxes in suitable locations.
- Talking to the shop owner, receptionist etc at the location about how the boxes will help Hope for Tomorrow and what we do.
- Emptying boxes every 4 - 6 months (as they get full) and banking the income with the paying in slips provided. Give a receipt and letter of thanks to the hosts.
- Keeping a written record of the location of all boxes for your Regional Fundraiser, the dates they are emptied, and the dates/amounts banked. Plus, lots more!

### Community Champion – Louth

We are looking for individuals who want to contribute something extra and believe in the aims of Hope for Tomorrow. We will ensure that you are fully prepared and supported when asking you to undertake anything on our behalf. We are looking for energetic and proactive individuals who enjoy taking the initiative and working independently. The Community Champion role involves public speaking so if you have a good foundation from which you would like to develop your skills or simply would like to use the public speaking skills you already have, we would be delighted to welcome you to our team of volunteers.

## Develop new skills

### 3<sup>rd</sup> Sleaford Scout Group 1<sup>st</sup> Horncastle – Assistant Beaver Scout Leader

Our Scout group is growing. We need adults who are keen to try new things and to have fun to join our team of adults who run our youth section for 6 - 8-year-olds. We call this youth section Beavers, and they are great young people who are friendly, fun to be with and eager to try new experiences. We need adults to help us provide these fantastic opportunities to local young people. Our leaders are normal people just like you, but by working together they make extraordinary things happen! One week you may play volleyball, the next get crafty making puppets, the week after making a structure with spaghetti (yes spaghetti!!) - we call this pioneering. What we can guarantee is that no two weeks are the same as the young people do different things each week to earn their badges and awards. We are open to boys and girls from all faiths, backgrounds and abilities and welcome everyone. Could you make a difference and help this group get off to a flying start? We meet weekly and are looking for someone to join our team of Leaders so if you can't be there every week that's OK, we understand and welcome you when you can come!

## Alford Corn Exchange Community Group

### Kitchen Assistant

To assist in the kitchen in respect of the community events that take place at the hall ranging from cafe mornings to funeral teas to charity events.

### Bar Staff

To assist at the bar in respect of community events held at the hall, ranging from wedding parties to birthday parties to charity events.



## VOLUNTEERING IS GOOD FOR YOU!

- Build self confidence
- Reduce social isolation and meet new people
- Reduce stress levels
- Give yourself a sense of purpose
- Become happier

## Spout Yard Park Louth

### Garden Assistant

To work with the Garden Manager (Volunteer) and/or Garden Mentor (Volunteer) on the upkeep and maintenance of Spout Yard Park. Thus, ensuring we keep the grounds of the park in as good a condition as possible for use as a thriving community space for everyone to enjoy. You will be working under supervision to undertake a variety of tasks which may include mowing the lawn, strimming, weeding, planting, pruning, splitting plants, digging, edging, trimming the box hedge, jet wash/weeding of paved areas. We also hold public gardening days 6-8 times per year at weekends.

### Gardening Mentor

To support the Garden Manager (Volunteer) and support and encourage gardening volunteers using experience and knowledge of gardening. Duties will include working with the garden manager to plan and list activities required on public gardening days, plan and deliver activities with schools and young people's organisations and supporting the regular gardening volunteers, also to attend the public gardening days (6-8 per year) and to offer advice and guidance to participants, this will include families with children.

## Woodland Spa Cottage Museum

### Education Assistant – Woodhall Spa

An Education Assistant at The Cottage Museum has a wide and varied role, working with the Education team, your role will contribute to developing and delivering the education and events programme. Examples of the types of activities you will be involved with include education sessions to schools - Delivering education workshops (sometimes in costume) to 4-12-year-olds Running craft making family activities including - rag rugs, painting, textiles, photography, drawing, storytelling, and drama and of course object handling working with the collections team. Helping with evaluation including taking photographs and helping people fill in evaluation forms or comment cards. You need to be confident in talking to groups and working with all types of people and ages.

### Meet and Greet Volunteer – Woodhall Spa

The Cottage Museum is looking for volunteers to welcome visitors to the Cottage Museum and give a bit of information about the history of this beautiful building. Sometimes we are busy, sometimes it is quieter, but you will be part of a lovely welcoming team. Come along and learn new skills - no experience necessary.

## Meet new people

### Web and Social Media Assistant – Woodhall Spa

Exciting opportunity suited to someone who is active on the web. We need someone to be our web champion, to be the web face of the museum. If you like Blogging, Facebook, Flickr, and Twitter then this is something for you. If this is all new to you - not a problem we can support, you. Can you tell a good story? We need you to be imaginative - tell the world about our amazing events and what is going on. In return we can help with training and flexible working. You do not have to be based at the museum as this role could be completed from home. This is an important role requiring regular commitment. If you are interested, we would love to hear from you.

### Gardening Assistant – Woodhall Spa

We are looking for someone to help us keep on top of the grass. It keeps growing and needs cutting regularly! We have the state-of-the-art lawn mower but not the person to use it! If you're keen then there are other things that can be done such as hedge cutting, planting borders, and clearing leaves. Free tea/coffee and biscuits are available. This is a great opportunity to join our team of friendly volunteers.

## Build your confidence

### Coram Voice (Lincolnshire) Independent Visitors – East Lindsey

Independent Visitors are volunteers who befriend and spend time with a child or young person within Local Authority care. Our volunteers enjoy the challenge of building a lasting friendship and the children benefit greatly from a consistent, fun relationship with someone outside the care system. The role will consist of the following tasks:

- 1) Visiting the child on a regular basis and making suitable arrangements.
- 2) Befriending a child and establishing a relationship of trust and support with them.
- 3) Promoting the child's developmental, social, emotional, educational, religious, and cultural needs.
- 4) Undertaking activities agreed with the child which are suitable for his/her age and abilities.
- 5) Listening to the child and giving out appropriate advice.
- 6) To undertake training and supervision.
- 7) Undertaking reviews.
- 8) To act within the policies and procedures of Coram Voice.

**coram**  
**Voice**   
getting young voices heard

## Diabetes UK (Lincolnshire)

### Local Group Treasurer (East Lindsey)

Adjusting to the knowledge that you or a family member has diabetes takes time and it's often helpful to meet other people who have been through a similar situation. Our network of local groups can offer understanding, help, and support at an important time. They are based in the community and coordinated by a committee of dedicated volunteers, each having different skills and experience. Local Group Treasurers are responsible for the finances of the group by maintaining proper records and following the procedures required by Diabetes UK, including the submission of annual reports.

### Local Group Chair (East Lindsey)

Our network of local groups can offer understanding, help, and support at an important time. They are based in the community and are run by a committee of dedicated volunteers, each having different skills and experience. We are looking for someone who can help the group run smoothly by chairing meetings, leading activities and being a local representative of Diabetes UK in the community.