

## Here to help you and your community

Helping you to get the most out of your volunteering:

- Finding you the perfect role
- Filling in application forms online or off-line
- Developing unique roles to match your skills and interests
- Accompanying you to initial interviews and meetings
- Supporting you through the induction process

### VOLUNTEERING

Linking you with community activities to support your health & wellbeing:

- One to one support to help set goals for health and wellbeing
- Advice on availability of services available in the community
- Support and advice on accessing local groups and activities

### SOCIAL PRESCRIBING

If you would like your group's volunteer roles promoted in this booklet and through our local volunteer centres, contact your local Area Officer.

We can also help groups with:

- Funding sources
- Volunteer management & DBS checks
- Governance, policies and procedures

### GROUP SUPPORT

We have area offices in Boston, East Lindsey, South Holland and South Kesteven.

Talk to your local Lincolnshire CVS Area Officer today:

**Victoria Speak**

**M: 07947 667848**

[victoriaspeak@lincolnshirecvs.org.uk](mailto:victoriaspeak@lincolnshirecvs.org.uk)

# VOLUNTEERING OPPORTUNITIES



get involved - learn new skills - support your local community



## IN EAST LINDSEY COAST

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### Lincolnshire Community and Voluntary Service

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[www.lincolnshirecvs.org.uk](http://www.lincolnshirecvs.org.uk)



**Volunteer Centre**

Issue 4 (Spring/Summer) 2023

## Gain references

### Age UK Lindsey

#### Befriending & Mobile Outreach

Befriending - telephone and/or face to face support to older people feeling isolated. To make regular contact with an older person to provide an opportunity for conversation and friendship. An hour a week is the only commitment needed.

Mobile Outreach - to promote the charity and its services in various locations with our info bus.

### Seagull Recycling

#### Forest Volunteer - Skegness

We have many different volunteering opportunities available throughout the week and we aim to offer exciting and interesting opportunities based around the needs of the volunteer. at a time suited to you. Involvement could be for 2 hours a month or 2 days per week, it's entirely up to you as opportunities are available at 'Volunteer Days' or more informal 'pop in' sessions. Whatever you choose, you'll have a great time, feel healthier by spending time outdoors, reconnect with nature and enjoy the company of like-minded people. Your involvement could be pottering in the gardens, working in the woods, creating habitats or helping make the forest a special place for people of all ages and for struggling local wildlife. You may want to let your creative & craft side free around the woods or help out at some of our regular events.

### Lincolnshire Dementia UK

#### Ambassador – East Lindsey

Volunteer Ambassadors represent Dementia UK in their local area. There are various ways to do this, including:

- Attending cheque presentation events
- Attending organised running and cycling events to cheer on Demetia UK participants
- Organising your own fundraising activities e.g. bucket collections or raffles
- Taking part in or encouraging others to get involved in Time for a Cuppa - our annual flagship fundraising event
- Supporting social media campaigns by sharing content with your own network
- Proactively securing and undertaking speaking engagements about the work of the charity and the importance of fundraising.

## COULD YOU BE A MICRO-VOLUNTEER?

You can support charities in many ways without a long-term commitment:

- Planting, weeding or pruning in a community garden.
- Posting on social media.
- Helping at a one-off event such as the beach cleans or marshalling at events
- Taking part in fundraising activities such as bake sales, knitting.

Contact us today to find out who needs just a little of your time.

## Winthorpe Community Partnership

### Community Activity Volunteer

Winthorpe Community Partnership operate from Winthorpe Methodist Church offering social and learning activities for all ages. Volunteers are welcome to help with delivery of a range of activities from supporting the lunch club to helping with the community planters.

## VOLUNTEERING CAN BOOST YOUR EMPLOYABILITY

- Great for your CV
- Support Job applications
- Support a University application
- Access Training
- Gain Qualifications

## DISCOVER THE BENEFITS OF BEING A TRUSTEE

Trusteeship is a unique form of volunteering and a fantastic way to engage in the charity sector with many professional rewards.

- Contributing to a great cause
- Gaining strategic experience
- Creating professional networks
- Developing skills and experience

Contact us for current vacancies.

## National Coastwatch Institution Watchkeepers

- Chapel St Leonards

- Skegness

- Mablethorpe

The National Coastwatch Institution volunteers are unpaid and give their time, skills, and energy to support the purpose of the NCI. Volunteers perform a variety of tasks to provide surveillance for the coast and the maintenance of safety of life at sea. Watchkeepers are the eyes and ears along the coast, keeping a visual watch, monitoring radio channels, using radar and providing a listening watch in poor visibility. NCI Volunteers are trained to act in an emergency, report and coordinate with the search and rescue bodies. A careful log of activities is also kept, and local weather conditions are passed to local yachtsmen and fisherman before they set out to sea.



## Build your CV

### **Mablethorpe Memory Café** **Activity Engagement facilitator** **at the weekly Memory Café** **Sessions**

This role is to support and facilitate participant engagement in social activities at the Mablethorpe Memory Café sessions, this is a new initiative to support people with Dementia, their families, and carers. The role involves; Meeting and greeting participants, ensuring that anyone new knows where to find the toilets etc. Ensuring that everyone is offered refreshments, clearing tables of used plates, cups etc, supporting Café staff in the hygienic and safe delivery of café services. Encouraging participants to talk to one another and join in with group activities, tabletop games etc. Helping group participants engage in planning activities for future sessions /outings/ speakers etc. Bringing the attention of the group leader any group participant who has identified a specific need or problem, or where the role holder has cause for concern. Help maintain general health & safety measures, in line with organisational policies and procedures reporting any concerns to the group leader. Work in ways that meet the requirements of all organisational policies and procedures, including but not confined to, confidentiality, equality and diversity and safeguarding.



## Develop new skills

### **Age UK Lindsey** **Telephone Befriender**



To help Age UK maintain a social support service to older people living alone by making regular contact with them. The aim of our friendship service is to reduce the feeling of isolation and loneliness. Providing monthly records for safeguarding and monitoring purposes. Telephone call are at the same time each week at a mutually agreed time for a chat of about 20 - 30mins per week.

### **Re-Engage** **Tea Party Host (East Lindsey)**

Tea parties provide a lifeline of friendship for our older people, and the regular, warm, friendly chats and companionship provide a vital link with the outside world from which they have become isolated. As a volunteer host you will run a local Re-engage tea party one to two times a year. You will host a group of four to 12 people (which includes drivers, the group coordinator as well as older guests) in either your home or a community venue. The tea parties will last around two hours and will usually take place on a Sunday afternoon. You must be comfortable socialising with people and providing guests and other volunteers with refreshments.

## Rewarding opportunities

### **Lincolnshire Police** **Cadet Leader Volunteer -** **Skegness**

To assist with the local Police Volunteer Cadet Corps., Promote equality of the opportunity to the people of Lincolnshire and treat all individuals fairly with dignity and respect. To provide a high quality, customer focused, administrative support in accordance with the Staff charter and Serving with PRIDE. Roles and tasks may vary but will include working with and assist the Volunteer cadets as directed by the District Chief Inspector. To assist in the development of Police Volunteer Cadet Corps. To assist with the organising and administering of the Police Volunteer Cadet corps as directed by the Volunteer line manager. Undertake other clerical and administrative tasks when requested and agreed by the volunteer line manager.

### **VOLUNTEERING IS** **GOOD FOR YOU!**

- **Build self confidence**
- **Reduce social isolation and meet new people**
- **Reduce stress levels**
- **Give yourself a sense of purpose**
- **Become happier**

## Help your community

### **Keep Britain Tidy, River Care** **and Beach Care** **Beach Hero** **- Mablethorpe** **- Sutton-On-Sea** **- Ingoldmells**

Calling all Litter Heroes! Your local blue space needs you! We have an exciting opportunity for an individual, a small group, or an existing community group to join Beach Care group as they clear litter pollution from the beach and surrounding areas. All equipment, training and support will be provided. You will be joining a network of over 50 groups across the region and making a huge difference to marine life across the planet by keeping their environment as safe, clean, and natural as possible.



### **Coastal Access for** **All in Skegness** **Beach Clean Up Volunteers –** **Skegness**

The group run organised beach clean-up events throughout the year helping with tidying up the coastline from Skegness to Winthorpe. They are looking for people young and old to take part litter picking along the beach to keep it nice and tidy. The group runs 4 regular clean ups throughout the year but also targets known grot pots on a more regular basis.



## Offer your support

### Childrens Links

#### Supported Child Contact Centre Volunteers - Skegness

The Centres are open for 2 hours, 10am - 12midday every other Saturday. Toys and play equipment are provided together with refreshments and space for each family to have time together. Teams of volunteers are needed to help with the running of the Centres. There are a variety of jobs to do, some of which involve direct contact with users of the Centre and some of which do not.

### New Directions

#### Outreach Team Member (Supporting Vulnerable People in Crisis) – Skegness

Voluntary Outreach Team Members required. Volunteers working in pairs supporting vulnerable people in the community of Skegness at the point of crisis. This role is very varied and may involve working with people with addictions, mental health, or homelessness.

### Macular Society

#### Sight loss support group volunteer – Sutton-On-Sea

If you get a buzz from helping others, then this role is perfect for you. We need reliable and friendly volunteers. You don't need to have a macular condition nor sight loss; empathy and an understanding of its impact will help you to provide the best support.

Tasks shared by volunteers may include:

- Meet and greet – welcoming members and guests, sharing information, wrapping things up at the end.
- Group programme – organising guest speakers and suggesting social activities.
- Keeping in touch with group members.
- Maintaining a list of members and sharing updates with head office.
- Collecting meeting subs.
- Organising and/or serving tea and coffee.
- Setting out the chairs. Time commitment

The group meets on the last Wednesday of each month (no meeting in August and December) from 10.30am until 12.00pm. Two to three hours is all we need each month, with flexibility if things change for you.

## Build your confidence

### Lincolnshire Police

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### Lincolnshire Police

#### REVIVE Volunteer – East Lindsey

REVIVE Volunteers will provide a vital service, being a point of contact between the Police and vulnerable persons in their local communities. On referral they will listen to local people, identify where there are gaps in provision and where further crime prevention measures are necessary to prevent ongoing victimisation. They will also be aware of the importance of gathering intelligence and promote and encourage those who have been victims of crime to report such incidents. They will also provide support and reassurance and is a vital link between the community and the local Police teams and will free up Officers time for other duties. Tasks will be varied, but may include:

- Being a point of contact in areas with high numbers of residents considered a high risk of becoming victims.
- Liaising with Victim Support and other support agencies
- Taking referrals and carrying out reassurance visits
- Giving crime prevention advice and information
- Liaising with local policing teams and gathering information on their behalf
- Raising awareness of hate crime and promoting third party reporting of hate crime
- Signposting victims accordingly
- Liaising with Lincolnshire Police Equality and Diversity Officer and Community Safety Department