

Here to help you and your community

Helping you to get the most out of your volunteering:

- Finding you the perfect role
- Filling in application forms online or off-line
- Developing unique roles to match your skills and interests
- Accompanying you to initial interviews and meetings
- Supporting you through the induction process

VOLUNTEERING

Linking you with community activities to support your health & wellbeing:

- One to one support to help set goals for health and wellbeing
- Advice on availability of services in the community
- Support and advice on accessing local groups and activities

SOCIAL PRESCRIBING

If you would like your group's volunteer roles promoted in this booklet and through our local volunteer centres, contact your local Area Officer.

We can also help groups with:

- Funding sources
- Volunteer management & DBS checks
- Governance, policies, and procedures

GROUP SUPPORT

We have area offices in Boston, East Lindsey, South Holland and South Kesteven.

Talk to your local Lincolnshire CVS Area Officer today:

Katy Gale
Area Officer
South Kesteven Volunteer Support
M: 07508 950438

katygale@lincolnshirecvs.org.uk

VOLUNTEERING OPPORTUNITIES



get involved - learn new skills - support your local community.



IN SOUTH KESTEVEN

THIS BOOKLET ONLY SHOWS A SMALL SELECTION



Lincolnshire Community and Voluntary Service

Registered Charity No. 1069356 Company Limited by Guarantee registered in England and Wales No. 3503128. Registered Office: C/O Boston Borough Council, Municipal Buildings, West Street, Lincolnshire, PE21 8QR

www.lincolnshirecvs.org.uk



Volunteer Centre

Issue 5 (Winter/Spring) - 2023

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Give back to the community

Age UK Lincoln & South Lincolnshire

Telephone Befriender – South Kesteven

To help Age UK maintain a social support service to older people living alone by making regular contact with them. The aim of our friendship service is to reduce the feeling of isolation and loneliness. Providing monthly records for safeguarding and monitoring purposes. Telephone call are at the same time each week at a mutually agreed time for a chat of about 20-30mins per week.

Friendship Group Host - Bourne

To be the welcoming face of an Age UK Lincoln and South Lincs Friendship group. Duties will involve arriving before the session, if the weather is fine then activities will take place in the garden if not then in the garden room. Setting out activities such as games, dominoes, cards, or craft activity materials and helping with the serving of teas and coffees. The role will mainly be to encourage social interaction between attendees, making a comfortable and cohesive environment for all who attend. All equipment will be stored at The Cedars. The role may include some cash handling and will include record keeping of attendances. Further information can be provided by the activity coordinator. All relevant training will be provided by the activity coordinator. We are always looking to be creative whilst mindful of differing abilities from joining in with board games to one brush painting (some activities may be provided by guest hosts with specialist skills), we always aim to create an atmosphere of calm and no two sessions are ever the same, never boring always fun.

Belton House

Belton House are looking to fill a mixture of roles, such as:

- Mansion engagement
- Collections and conservation
- Train drivers
- Visitor welcome volunteer
- Gardeners

And more! You can find out about other roles by contacting your local Area Officer.



COULD YOU BE A MICRO-VOLUNTEER?

You can support charities in many ways without a long-term commitment:

- Planting, weeding or pruning in a community garden.
- Posting on social media.
- Helping at a one-off event such as the beach cleans or marshalling at events
- Taking part in fundraising activities such as bake sales, knitting.

Contact us today to find out who needs just a little of your time.

Cancer Research UK - Stamford

Shop Volunteer

Multi skilled volunteers needed to work on shop premises including till, merchandising, sorting donations, steaming/preparing stock liaising with donors about gift aid and CRUK..

VOLUNTEERING CAN BOOST YOUR EMPLOYABILITY

- Great for your CV
- Support Job applications
- Support a university application
- Access Training
- Gain Qualifications

DISCOVER THE BENEFITS OF BEING A TRUSTEE

Trusteeship is a unique form of volunteering and a fantastic way to engage in the charity sector with many professional rewards.

- Contributing to a great cause
- Gaining strategic experience
- Creating professional networks
- Developing skills and experience

Contact us for current vacancies.



Children's Links Supported Child Contact Centre Volunteers – Grantham

The Centres are open for 2 hours, 10am - 12midday every other Saturday. Toys and play equipment are provided together with refreshments and space for each family to have time together. Teams of volunteers are needed to help with the running of the Centres. There are a variety of jobs to do, some of which involve direct contact with users of the Centre and some of which do not. We need both men and women volunteers.

Make a difference

Stamford Corn Exchange

You could support Stamford Corn Exchange by volunteering in the Box Office! This will include meeting people face to face, answering the telephone, along with answering enquiries!

You could also support them by volunteering at the Front of House. This could include being an usher, making ice cream, or volunteering at the bar!

Another way you could support them, is by volunteering as a Retail Assistant in their charity shop. You will be involved in sorting donations, shop displays, pricing, serving customers, along with cleaning and tidying.

Finally, they are looking for Stage and Technical Support. Stage may include building and painting sets, moving set on and off the stage during performances, helping with costumes, as well as general backstage duties. Technical may include lighting and special effects!

Use your skills

Wellspring Academies

Become an Academy Governor!

Good governance is at the heart of Wellspring. Those involved in governance at all levels share a common objective – a determination to secure the best possible life chances for the children and young people in our care.

They're actively seeking committed individuals who share their values to serve as a Governor on their Springwell Lincolnshire LGB. Being a Governor is a rewarding role. It enshrines the voice of people in the community in decision-making, allows you to contribute to the school experience of children & young people and affords the opportunity to give something back. Governors bring their expertise and counsel to academies to help Wellspring achieve their objectives as a Trust and to have a positive impact on all the young people they serve. In return, they can offer access to free training and a governor support programme drawing upon experienced and talented individuals from across the whole Trust.

Meet new people

Building Resilience in Communities (BRIC) Family Support Mentor – South Kesteven

Family Support Mentors aim to build the confidence and independence of the family by:

- Offering support by telephone, face to face, at activities in the community or a mix of all three.
- Committing to a minimum of 2 hours per week support according to the family's needs
- Reassuring families that difficulties in bringing up children are not unusual
- Emphasising the positive aspects of family life
- Developing a relationship with the family in which time can be shared and an understanding developed, providing a regular, reliable presence in that family

VOLUNTEERING IS GOOD FOR YOU!

- Build self confidence
- Reduce social isolation and meet new people
- Reduce stress levels
- Give yourself a sense of purpose
- Become happier

Learn new skills

Medical Detection Dogs (Lincolnshire Region) Medical Detection Dogs Fundraiser – South Kesteven

What does the role involve?

- Raising an awareness and funds for Medical Detection Dogs
- Working with members of staff and volunteers
- Assisting with street collections or at local supermarkets
- Helping on stalls and sell our merchandise. Keep accurate records of what we sell
- Counting donations
- Organising your own event
- Taking part in a fun run or challenge
- Attending local events organised by Regional Support groups or by Medical Detection Dogs staff
- Welcoming visitors to events, talking to members of the public about our work and answering any questions
- Helping set up and pack away at events
- Attending cheque presentations on behalf of the charity
- Keeping up to date with the charity's news, information, and developments
- Following all basic paperwork and money handling procedures

Improve your chance of paid employment

The Order Of St. John Care Trust

Digby Court – Volunteer Gardener – Bourne

As gardening can be an activity and a maintenance role, Gardeners are involved with both the Activity Co-ordinator and the Handy Person. Our Gardeners understand that gardening at home and gardening in a care environment are different and they are extra mindful of the health and safety risks we need to watch out for. They also recognise that the gardens are not their own and check in before they act. Nobody wants to move a plant out of the sight of someone it means the world to. This role is flexible and will depend on you and the need we have at the time. There are peak seasons so you'll probably do more in during those busy times but there is something to be done all year round. You'll build up relationships with people and the Home Team so ideally, we'd like a regular, longer-term commitment of a couple of hours a week. Days and times are flexible; talk to us and we'll see what suits us both. What you will be doing: Keeping the garden looking great all year round by weeding, dead heading and planting. Keeping patio areas and paths clear of leaves. Supporting the home with gardening projects and planting residents' choice of plants. Possibly supporting people to help them keep up their interest in the garden. Possibly helping people who can't leave their rooms to create a mini garden inside.



Get Involved

Grantham Canal Society

Events Team Lead (South Kesteven)

Now that the world is opening, we want to join the action! We are looking for someone to bring new ways of engaging with the residents in the three counties along the 33 miles of the Grantham Canal – as well as hosting events of national interest. We have volunteers ready-and-willing to bake and to staff stands and stalls, but you will pull the whole event together. Working with the Marketing Team Lead, you will initiate and arrange events to raise the Society's profile and revenues.

Site Surveyor (South Kesteven)

This role will involve travelling to different locations along the 33-mile length of the canal to survey site conditions to establish the topography of worksites and to help design solutions to any challenges for new construction. You will work as part of The Grantham Canal Society Engineering, Major/Special Projects and Management Teams and liaise as necessary with the Canal's owners, Canal & Rivers Trust. Hours will be ad hoc, due to the nature of the tasks and complexity of the individual projects involved.

Lincolnshire Sensory Services

Volunteering Roles Available

Volunteers are vital in helping Lincolnshire Sensory Services to reach more people living with sensory loss. You may be interested in helping 'spread the word' about their services or raise awareness of sensory loss. You may be interested in helping people at their Hearing Aid Maintenance drop-ins or organising groups and activities for people with sensory loss. They have a range of roles which can be offered to you! Contact your Area Officer to find out more!